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About the CDE Club

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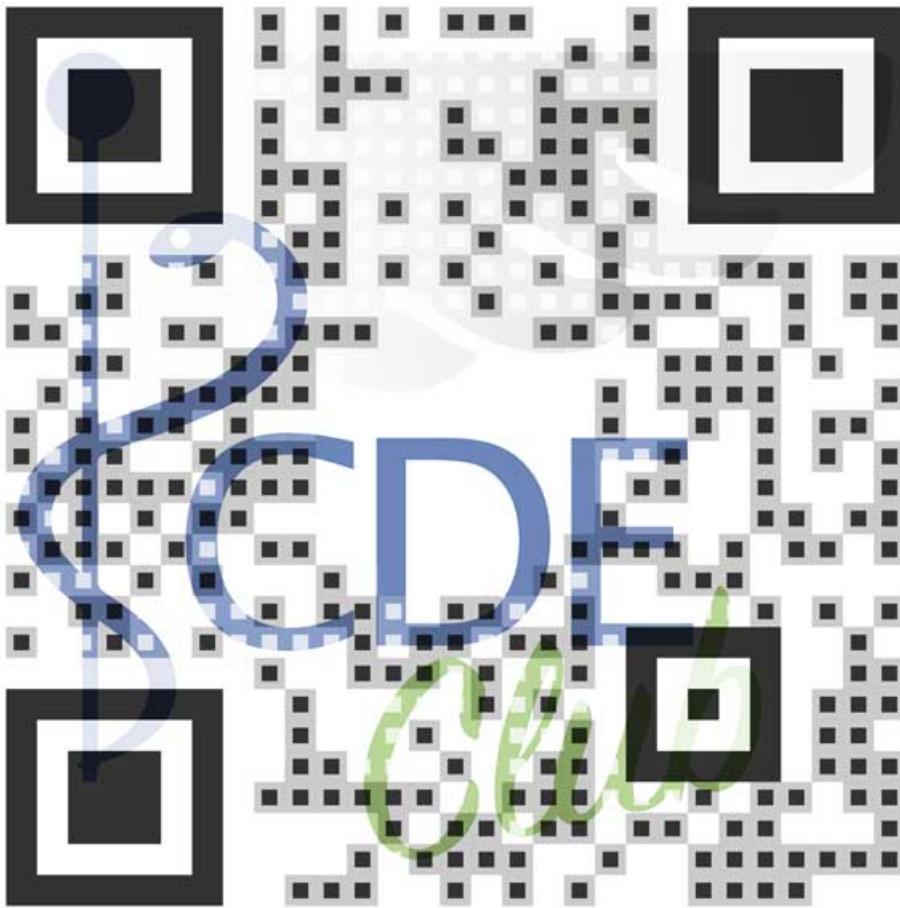


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What is the CDE Club?

Managing your diabetes can often be a struggle, trying to balance eating, medication and physical activity. We as the CDE appreciate this struggle and therefore want to make living with diabetes a little easier. If this sounds good, then let us introduce to you the CDE Club.

The Four Foundations of the CDE Club

Learn

To provide you with the highest quality information regarding diabetes and other health related matters. No longer do you have to sift through the millions of articles on the web that just leave most of us confused and frustrated.

Act

Information is often not enough to change one's behavior. For example, most of us know that we should exercise, but getting up in the morning to go for a walk is often a huge battle! The CDE Club will provide you a few suggested actions that can have a huge impact on your health.

Share

To be able to share with others not only information but your success story.

Rewards

So you have achieved your goals, now it is time to reward yourself. The CDE Club will be rewarding ANYONE for achieving his or her goals. From the smallest goals to the biggest there is a reward waiting for you.

Who can join?

Anyone can join the CDE Club!

How to join the CDE Club

If you are a member of any of the CDE diabetes management programmes, you will automatically be a CDE Club member. To join the Club, [complete the CDE Club application form below](#).

Join the CDE Club now!

Select a Title	▼
* Enter your First name	
* Enter your Surname	
* Enter your email address	
* Enter your Postal address	
* Enter your contact number eg. 0825559999	
Select a Medical Scheme	▼
Enter your Medical Aid Option	
Enter your medical aid number	
	

Please enter the letters from the image.

[SUBMIT MEMBERSHIP APPLICATION REQUEST](#)

* Please complete all required fields on the form

Get in touch with us

CDE Your Partner in Diabetes

CDE Managed Care Programme:

+27 11 053 4400

Physical address:

81 Central Street Houghton 2198 Johannesburg South Africa

Postal address:

P.O. Box 2900 Saxonwold 2132 South Africa

CO-ORDINATES

DIRECTIONS TO/FROM OR TAMBO



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Our People

CDE Managed Care

CDE Education

CDE Publications

CDE Community

CDE Consultancy

CDE Research

CDE Pharma

CDE Foundation

For Corporates and Employers

CDE Wellness Solutions

For People with Diabetes

Type 1 Diabetes

Type 2 Diabetes

Managing your Diabetes

Diabetes Care Programmes

CDE Community

Diabetes Lifestyle Magazine

CDE Club

Enhance your Diabetes Knowledge

Diabetes Media

CDE Member Application Form

For Healthcare Funders

Managed Healthcare Programmes

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